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Deadline for next issue: **1 September**

Nenagh Union of Parishes July/August 2026

Sun 5 th	9:30am	Templederry, Holy Communion 2, Trinity 5
	11:00am	St Mary's, Holy Communion 2
Sun 12 th	11:00am	St Mary's, Morning Prayer 1, Trinity 6
	12:15pm	Killodiernan, Morning Prayer 1
Mon 13 th	11:00am	Killodiernan, St Brendan the Navigator - Joc Sanders
Sun 19 th	11:00am	St Mary's, Family Service and BBQ, Trinity 7
Sun 26 th	11:00am	St Mary's, Holy Communion 1, Trinity 8, St James transfer
	12:15pm	Killodiernan, Holy Communion 1
Sun 2 nd Aug	9:30am	Templederry, Holy Communion 2, Trinity 9
	11:00am	St Mary's, Holy Communion 2
Sun 9 th	1:00am	St Mary's, Morning Prayer 1, Trinity 10, Transfiguration Transfer
	12:15pm	Killodiernan, Morning Prayer 1
Mon 10 th	11:00am	Killodiernan, St Brendan the Navigator - Joc Sanders
Sat 15 th	7:00pm	Templederry, Family Service, Trinity 11
Sun 16 th	11:00am	Killodiernan, Regatta Service
Sun 23 rd	11:00am	St Mary's, Holy Communion 1, Trinity 12, St Bartholomew Transfer
	12:15pm	Killodiernan, Holy Communion 1
Sun 30 th	11:00am	St Mary's, Family Service, Trinity 13
Sun 6 th Sep	9:30am	Templederry, Holy Communion 2, Trinity 14, Birth of the Blessed Virgin Mary Transfer
	11:00am	St Mary's, Holy Communion 2

Parish Prayer List

Andy, Arthur, Avril, Emma, Marjorie





From the Rector

It is in vain that you rise up early
and go late to rest,
eating the bread of anxious toil;
for he gives sleep to his beloved. Psalm 127:2

The current heatwave has posed challenges for most of us in one way or another, often to do with heat at night and disrupted sleep patterns.

Sleep is a fascinating subject about which we know all too little, but we do know that accumulated lack of sleep leads to serious functional and cognitive degradation of a person and it is necessary for life to continue. One of the things that happens during sleep is quite literal brainwashing. During sleep, what are called cerebral and interstitial fluids rise and fall in the brain tissues several times, literally washing away harmful substances things such as prions (the cause of 'Mad Cow Disease') and redistributing useful substances. People who cannot perform this task of Lymphatic Washing eventually die as a result. The grogginess that you feel after a bad night's sleep is, in part at least, due to incomplete washing leaving the previous day's harmful residue behind and not having the right chemicals redistributed through the brain.

Our brains are wired by evolution to rest best at night which may seem counterintuitive, because a person asleep is at their most vulnerable to predation and harm but living in communities allowed us to do so by a clever mechanism of distributing optimal sleep patterns across the community. Some people are natural early to bed and to rise, others late to bed and to rise. As a result, communities effectively had a shift system crossover of several hours where the bulk were asleep but the late sleeper was awake until the early riser woke and could take over the watch.

Sleep also has a massive impact of teenagers. As their bodies grow and their brains increase in size, more sleep is needed which is why they are, shall we say, often 'not at their best' first thing in the morning. One school in England increased its A Level examination results markedly by taking this into account when they slipped all their A Level students lessons to the right by two hours to take this into account.

There is also an interesting spiritual aspect to sleep. John Piper, an American theologian said: "Sleep is a daily reminder from God that we are not God. For we are not God ... Sleep is a parable that God is God and we are mere men... Sleep is like a broken record that comes around with the same message every day: Man is not sovereign. Man is not sovereign. Man is not sovereign. Don't let the lesson be lost on you."

What Piper means is that we can keep ourselves up all night with stress and worry, but it will do no good because ultimately, we are not in charge. We should not worry ourselves unduly at night because God watches over us at night. He is the Watchman for the community of the Church.

This promise is found in the Psalm 121. 1-4:

I lift up my eyes to the hills—
from where will my help come?

My help comes from the Lord,
who made heaven and earth.

He will not let your foot be moved;
he who keeps you will not slumber.

He who keeps Israel
will neither slumber nor sleep.

And so, when we go to sleep, we should do so trusting in God and, to borrow a phrase from a well-loved Christmas Carol, "Sleep in heavenly peace".

By now you will all probably have noted the disrepair in the Chancel area of St Mary's. Urgent remediation work needs to be carried out to slough off the peeling paint and patch the area up in the short term whilst we seek a remedy for the underlying problem of damp intrusion because the church looks frightful at the east end. But we need funds to do so and we simply don't have enough to do the work now without falling into serious debt towards the end of the year.

Killodiernan Church also faces major repair needs, again to do with damp intrusion. Whilst it may just look like a bit of painting needs to be done at the chancel wall, the whole south side of the nave is being damaged by water leading to blown plaster and rotting wood.

Therefore we need to raise money and one route that has been suggested is that of selling wood. Some parishioners have fallen trees or trees that need to be felled. Therefore I would ask that anyone who is in a position to donate wood for sale start planning now for a sale in Autumn as people start to look for wood. Trees felled and timber processed earlier rather than later will have a better chance of beginning their drying process to produce a saleable product.

So, if you have trees or even excess stored wood, please think about donating them to the Union.

It was marvellous to see Rod and Rosemary again and the lunch afterwards highlighted something that we have been sorely missing and that is social events. Not having a church hall puts us at an obvious disadvantage but if we were able to secure a private function room somewhere from time to time I think that it would be an excellent idea to have a Parish Lunch from time to time. Venue suggestions are welcome!

The Parish BBQ will take place in Rectory after the Family Service in St Mary's on Sunday 19th July. Please try to keep this day free. Offers of help to set up and take down tentage, prepare the area more generally and help with the food service are more than welcome.

The Annual Regatta Thanksgiving Service will take place on Sunday the 16th of August at 1100 in Killodiernan Church. That will be the only service in the Union on that Sunday but Templeberry will have its Saturday evening service as usual. 3

RITUALS

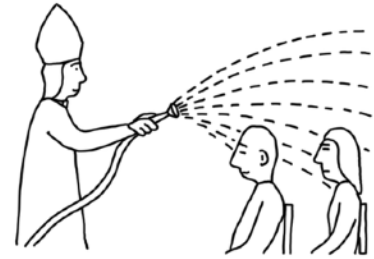
FOR HOT WEATHER



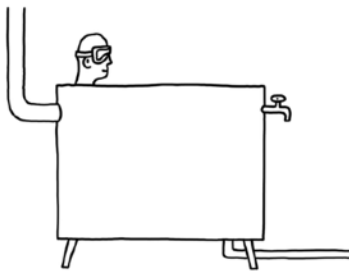
THE BRINGING FORTH
OF THE FANS



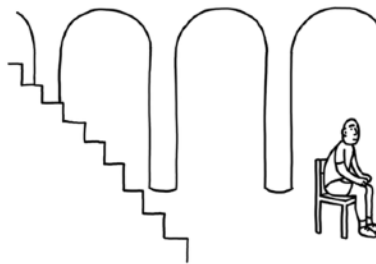
PROSTRATION ON A
COLD MARBLE FLOOR



HOSEPIPE SPRINKLING



INSPECTION OF THE
COLD WATER TANK
BY FULL IMMERSION



MEDITATION IN
THE CRYPT



THE GIVING OF
AN ICED LOLLY

CartoonChurch.com

Your Friend and Rector, Keith



I made a big mistake not including this picture of our confirmation candidates in the last Grapevine. I thought I had put it in the previous one but of course that would have been impossible.

Here are Bishop Michael, Amy, Eve, AJ, Henry and Rev Keith.

Mea culpa. Marty

Shadrach, Meshach, and Abednego

I write this after the excessive heat of the 'heat dome' has passed westward from Ireland over continental Europe. Marty and I have survived the 'burning, fiery furnace', like Shadrach, Meshach and Abednego in the Book of Daniel. But many others will not have been so lucky. Like so many other elderly folk, we found it very difficult to regulate our body temperature in our own home. Thank God for electric fans!

The extreme heat continues over western Europe with record breaking temperatures. There have been reports of babies and other vulnerable people dying of heat stroke. It will be many months before death statistics reveal just how many premature deaths there have been. We can only pray that it will be fewer than the over 30,000 excess deaths in western Europe during the 2003 heat wave, 15,000 in France alone.

We all know that the increasing frequency and magnitude of dangerous heat waves is due to global warming, don't we? The primary cause is CO₂ emitted by burning fossil fuels. We know how to halt and reverse this. Renewable energy technologies to do so exist and are well proven.

But where is the political and societal will to make this happen? Powerful vested interests and very human reluctance to change are slowing the transition from fossil fuels. Even if by some magic we could stop burning carbon today, long lasting greenhouse gases already in the atmosphere mean that global temperatures will continue to rise before eventually starting a slow decline. And climate scientists fear that we may be approaching tipping points after which temperatures will begin to accelerate, creating a global catastrophe for life on earth.

The Book of Genesis tells us that when God created this living planet, he saw that it was very good. It would surely be a blasphemy to allow our addiction to fossil fuel to damage it. This is why our Anglican Communion has adopted as its 5th Mark of Mission, 'Strive to safeguard the integrity of creation, and sustain and renew the life of the earth'. It is our Christian duty to do all that we can to promote a just transition to renewable energies. We must speak out against, and resist, those who would throw us into 'the fiery furnace' of runaway global heating.



Let us take heart from the story of Shadrach, Meshach and Abednego. King Nebuchadnezzar ordered his servants to worship a golden idol he had set up, at pain of being thrown into the fiery furnace. Shadrach, Meshach and Abednego refused to do so, saying that their God would save them, even from the furnace. The King in his fury ordered that they be thrown into the furnace heated seven times hotter than usual. But when the King looked into the furnace, he saw four figures walking unharmed in the flames, the fourth 'like a son of God'. Seeing this, he brought Shadrach, Meshach and Abednego out of the flames. They were unharmed, not even smelling of smoke.

Joc Sanders

How things change!

I went through the Grapevines I have from 2012-2024 and noted various things from the past. I print here the things we are still doing or new or may apply in our fundraising.

Our future and Junior Church (16 items total)

1. Very Junior Church (baptisms)
2. Confirmation class and reports on

Our Group of Parishes (36 items total)

3. Congratulations, condolences and sympathy
4. Prayer list
5. From the Rector
6. Harvest Festivals
7. Church of Ireland census
8. Christmas Tree Festival start in 2014
9. Plough Sunday (new)

Our Community (8 items)

10. Good Friday Walk of Witness

Our World (7 items)

Other Activities (2 items)

Comings and Goings in the Diocese (13 items)

1. Diocesan General Synod meetings
2. Write-up on General Synod
3. 2023 May; Bishop's peregrinations

Fundraising (37 items)

4. Coffee morning - €1,800
5. School parent's bag packing - €1,800
6. Fete attractions - €7,300
7. Face painting at Nenagh Show - €360
8. Donations from businesses - €30,000
9. Trio concert in church
10. 'Do' at pub in Puckane with raffle, dancing, donations, etc.
11. Use Idonate on Internet to raise €1,103.25 for Church Renovation Fund

Both St Mary's and Killodiernan churches need serious work done. We need to take special fund raising to a higher level by perhaps looking at multiple ways of raising the extra money.

Marty

July

St Mary's, Nenagh

Cleaning volunteers:

Names currently on list: Jack Bayly, Kirsten Bayly-Parker, Lisa and Ciara Drummond, Caroline Hayes, Yvonne Hayes, Lyn Kelly, Helen Leo, Hillary Percy

3 July	Lisa and Ciara Drummond
10 July	Helen Leo, Yvonne Hayes
17 July	Lyn Kelly, Hilary Percy
24 July	Jack Bayly
31 July	Lisa and Ciara Drummond

Reader rota:

Names currently on list: Jack Bayly, Kirsten Bayly-Parker, Audrey Clarke-Gordon, Rose Langley, Lyn Kelly, Ann McKee,

5 July	Lyn Kelly
12 July	Jack Bayly
19 July	Audrey Clarke-Gordon
26 July	Ann McKee

Flower rota:

Names currently on list: Audrey Clarke-Gordon, Yvonne Hayes, Caroline Hayes, Rose Langley

Yvonne Hayes

Audrey Clarke-Gordon

Killodiernan

Reader rota:

Names currently on list: Laura Clarke, Sarah-Jane Clarke, Catherine Lidwill, Mary Ryan, Adrian Gordon

12 July	Mary Ryan
26 July	Adrian Gordon

Templederry

5 July	Albert Lewis
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August

St Mary's, Nenagh

Cleaning volunteers:

Names currently on list: Jack Bayly, Kirsten Bayly-Parker, Lisa and Ciara Drummond, Caroline Hayes, Yvonne Hayes, Lyn Kelly, Helen Leo, Hillary Percy

7 Aug	Helen Leo, Yvonne Hayes
14 Aug	N/A - No service in Nenagh
21 Aug	Jack Bayly
28 Aug	Lyn Kelly, Hilary Percy
4 Sep	Lisa and Ciara Drummond



Reader rota:

Names currently on list: Jack Bayly, Kirsten Bayly-Parker, Audrey Clarke-Gordon, Rose Langley, Lyn Kelly, Ann McKee,

2 Aug	Lyn Kelly
9 Aug	Jack Bayly
16 Aug	Regatta service
23 Aug	Ann McKee
30 Aug	Family service
6 Sep	Lyn Kelly

Flower rota:

Names currently on list: Audrey Clarke-Gordon, Yvonne Hayes, Caroline Hayes, Rose Langley

Yvonne Hayes
Rose Langley
Yvonne Hayes

Killodiernan

Reader rota:

Names currently on list: Laura Clarke, Sarah-Jane Clarke, Catherine Lidwill, Mary Ryan, Adrian Gordon

9 August	Catherine Lidwill
16 Aug	Regatta Service
23 Aug	Adrian Gordon

Templederry

2 Aug	Albert Lewis
15 Aug	Hilary Lewis
6 Sept	Albert Lewis

Nenagh Union of Parishes

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NUP website - nenaghunion.com